



Inspire Your Imagination, Widen Your World

Lithgow Public Library

45 Winthrop Street, Augusta

May 2023 Newsletter

www.lithgowlibrary.org

Library Hours:

Monday - Thursday:

9 a.m. to 8 p.m.

Friday: 9 a.m. to 5 p.m.

Saturday: 9 a.m. to Noon

(207) - 626 - 2415

Follow us on Instagram!

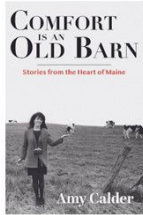
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LITHGOW PUBLIC LIBRARY

The Library will be closed on Monday, May 29, in observance of Memorial Day.



Award-Winning Maine Reporter to visit the Library



Saturday, May 6th at 10:00 a.m.

Amy Calder will visit Lithgow Library to discuss her book, "Comfort is an Old Barn." Her book is a curated collection of columns written for the *Morning Sentinel*, published this year by Islandport Press.

Teen Art Contest Logo Winner Announced



"I wanted this design to be simplistic but also have detail and variation. I drew what I imagined when I hear 'spring' and 'library'; picturing a warm, but slightly windy, sunny spring day reading under a tree." - *contest winner Joey Jean*

Caregivers' Guide for Dementia-Related Illness

presented by Heather Preston-Weeks, MA, CHES



Thursday, May 4 from 1:30 - 3:30 p.m.

Are you caring for someone with dementia-related illness? Do you have questions about behaviors, progression of the disease, or how to deal with difficult situations that arise? In this one-day workshop, learn about the effects of Alzheimer's disease, coping strategies, best practices, and ways to keep your loved one engaged at every step of the journey. Respite and community resources will also be explored.

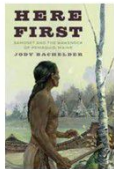


Maine Author Presents:

"Here First: Samoset and the Wawenock of Pemaquid, Maine"

Jody Bachelder grew up on the Pemaquid Peninsula in Maine where Samoset and the Wawenock lived, and like many people of European descent, she knew little about the Indigenous people who called the area home for thousands of years. With a background in library work, she began her research with the question, "What was Samoset doing in Plymouth?" The journey to find the answer was both enlightening and surprising.

Tuesday, May 16 at 6 p.m.



Backyard Herbalism with Dr. Nate Petley



Tuesday, May 9 at 6 p.m.

Explore the Maine backyard and discover exciting ways to make use of common plants for both food and medicine. Dr. Nate Petley, naturopathic doctor and clinical herbalist, will share some of his favorite herbs, how he uses them for health and healing, and how to identify them.



Food for Thought

Wednesday, May 3 at 6 p.m.

Children 3 to 8 with an adult are invited to share books, recipes, food, and fun! For this program, each child and parent sign up to host one session where they: choose food-related books for the group to read together; bring the food as a snack to share; discuss the books and/or recipes; and provide a related activity.

Interested? Ask for Kate in Youth Services, or email: kate.sanborn@lithgowlibrary.org.

Sugar Cookie Decorating!

Tuesday, May 23 at 4 p.m.

We'll be taking plain ol' sugar cookies and sprucing them up! You can make them into donuts, flowers, or whatever else you'd like. Let out your inner pâtissier!

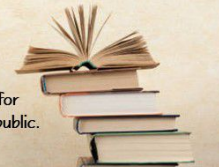


Tuesday, May 30th at 4 p.m.

What was the name of Billie Eilish's first album? Who is the most followed person on Instagram as of April 2023? Show us how much you know of today's pop culture! Prizes and refreshments available.

Lithgow Book Club

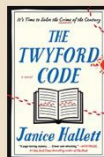
A monthly book discussion group for adults that is free and open to the public. Reserve your copy today!



The Authenticity Project

by Clare Pooley

Wed., May 10 at 6:30 p.m.



The Twyford Code

by Janice Hallett

Wed., June 14 at 6:30 p.m.

Monthly Gardening 101:

Growing Vegetables in Small Spaces

Learn some tips & ideas for creating & growing vegetables in containers and raised beds.



Thursday, May 18 at 6 p.m.

Registration required. Please inquire at the Reference Desk.

Rental Housing and Housing Discrimination 101:

Rights of Maine Renters

Please join Pine Tree Legal Assistance for an introduction to your rights and the laws about rental housing and housing discrimination. This event is part of the *Know Your Rights* series from Pine Tree Legal Assistance.



Thursday, May 25 at 6:30 p.m.

Tween Scene:

A Star Wars Celebration

A LONG TIME AGO IN A LIBRARY FAR, FAR AWAY...

Join us for a celebration of all things Star Wars! Learn the history of this galaxy far, far away; build a lightsaber; and join us for Jedi training games and activities.

May the Force Be With You!

Wednesday, May 17 at 6 p.m.

For youth ages 8 to 12. Registration is necessary:

Please call: 626-2415, or email [Kathleen Petersen](mailto:kathleen.petersen@lithgowlibrary.org) at kathleen.petersen@lithgowlibrary.org

Perennial Plant Swap



Save the Date!

Saturday, June 3

More info to come.

Friends of Lithgow Library Board

April Cusick
Staci Fortunato
David Madore



Bobbi Bailey
Emily Mullen
Blake Potter