

Inspire Your Imagination, Widen Your World

Lithgow Public Library

45 Winthrop Street, Augusta

December 2023 Newsletter

www.lithgowlibrary.org

Library Hours:

Monday - Thursday: 9 a.m. to 8 p.m. Friday: 9 a.m. to 5 p.m. Saturday: 9 a.m. to Noon

(207) - 626 - 2415

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Upcoming Library Closures:

Monday, December 25th
Christmas Day

Monday, January 1st New Year's Day



The Aging Brain

Presented by Susan Wehry M.D.

Thursday, December 7th 10 to 11 a.m.



This presentation on the aging brain talks through ways you can stay healthy, reduce risk, and live well with dementia. Dr. Wehry will also overview "dementia worry" or anxiety one might have about diagnosis. Q & A to follow.

Susan Wehry M.D. is a board certified geriatric psychiatrist with almost forty years of experience. She is the director of AgingME, a GWEP, to create a more age-friendly health system.

www.agingme.org

Holiday Concerts Concerts are free and open to the public and will be held in the Library's Community Meeting Room.

Maine-ly Harmony Christmas Concert Wednesday, December 6th at 6:30 p.m.

The group is a competing women's barbershop chorus and will perform familiar songs from the past as well as contemporary favorites.

Winthrop Area Handbell Ringers Wednesday, December 13th at 6:30 p.m.

The Handbell Ringers return for a festive concert to perform a medley of holiday favorites.

Caste: A Crash Course

Presented by Sonja Thomas
Thursday, December 7th at 6 p.m.

Have you heard of caste but never really understood what it is? Is caste religious? Is it about occupations? What is the difference between race, colorism, and caste? This crash course will be a primer on caste where you can learn about terms, caste discrimination in South Asia and in the US, and activism to end caste apartheid. We will discuss how caste is systemic and dispel commonly held myths about caste. The event is sponsored by The Camden Conference, whose mission is to foster "informed discourse on world issues." This is accomplished by means of our February conference, our community events at libraries during the autumn and winter, and our student education programs in high schools, colleges, and universities around Maine.



For more information about the Camden Conference,

visit https://www.camdenconference.org/.

Gift Ideas for the Holidays

Looking for a lovely gift idea this holiday season that will also support Lithgow Public Library?

The Friends of Lithgow Library are offering for sale beautiful commemorative 125th anniversary ornaments, and notecards and postcards featuring the Florence Daly watercolor.

These proceeds go toward supporting the mission of the Friends.



Holiday ornament



Notecards \$5.00 each or 3 for \$10.00



Postcards \$5.00 for a bundle of five

You may also purchase non-resident membership gift certificates for someone. They can be purchased for your choice of 12 month, 6 month, or 3 month increments. Membership includes access to Hoopla and Cloud Library, passes from the Friends of Lithgow Library's Museum and Park Pass Program, and all the library's materials plus a million more in the Minerva system.

All of these items can be purchased at the Circulation Desk.

Food for Thought

Food for Thought Is back!

We will meet the first Wednesday of the month through May. We'll discuss food—themed books, enjoy a snack, and complete a fun, book-related activity. For children 3 to 8 (with a caregiver). For more information, contact Kate in the Youth Services department.



Wednesday, Dec. 6th at 6 p.m.

Chess Club for Teens

December 14th & 28th at 4 p.m.



You asked, we answered! Chess Club will be every two weeks on Thursdays from 4 to 5 pm in the Teen Room. We'll have multiple boards so there won't be any waiting between games.

For more information and sign-ups, email

teen.services@lithgowlibrary.org.

Sign-ups are not required, but highly recommended so we know how many boards to prepare.

Tween Scene:

Holiday Iron Chef Join us!



Wednesday, December 20th at 6 p.m.

Holiday Iron Chef is returning for its Fifth (kinda)
Annual Competition!

Does your team have what it takes to earn the title of Library Iron Chefs?

Come and show off your culinary skills, but beware of the secret ingredient!

Registration is necessary:

Please call: 626-2415, or email Kathy at **Lithgowtweens@gmail.com**



Digital Literacy Classes



The National Digital Equity Center, a non-profit organization which provides Digital Literacy classes, is offering two classes in December which will take place in the library.

Registration is required.

Please call or visit the Reference Desk to register.

<u>Identifying Frauds & Scams:</u>

December 5th from 11:30 am - 12:30 pm

Windows 10 PC Basics:

3-session class:

December 11th from 10:00 am – 11:00 am December 12th from 10:00 am – 11:00 am December 13th from 10:00 am – 11:00 am

Learn how to track your books! January 3rd at 11 a.m.



Look for more info in January's newsletter!



Ugly Sweater Party for Teens

Monday, December 18th at 5 p.m.



Celebrate the holidays with us by coming to our Ugly Sweater Party for teens! Bring in your old sweaters (or use one of ours) and make it as offputting as possible! We'll have all the supplies you'll need, as well as drinks and holiday treats! Registration is required - To register, email us at teen.services@lithgowlibrary.org.

Lithgow Library Board of Trustees

Sara Fifield Jennifer Bechard Dennis Curtis Diane Doyen



Gary LaPierre Ami Bass Carol Saunders Karen Smith

Lithgow Book Club

A monthly book discussion group for adults that is free and open to the public.

Reserve your copy today!



Birnam Wood

by Eleanor Catton Wed., January 10 at 6:30 p.m.

The Wager

by David Grann
Wed., February 14 at 6:30 p.m.

